FOR IMMEDIATE RELEASE

Author explores his unfinished past life relationship in his new book:

My Little Cowboy: My Reincarnation Story

San Antonio, TX – September 25, 2016 - Have you ever met someone that looked familiar, but you knew that you have never met before. Or, have you ever had a waking dream that seemed so real that you would swear that it was a memory. That is exactly what happened to Roger Mendoza! In his new book, "My Little Cowboy" Roger writes about a life lived in the 1800's. The story focuses on an estrangement between Alexander and his son in the 1860's, and then continues in the 20th century.

As a child in the 1950's, Roger was taunted by nightmares and of memories of a life somehow familiar. The memories were oftentimes overwhelming for Roger until one day in 2005, while driving to work; memories of an 1800's life came to him as waking dreams. As soon as Roger wrote these "memories" down (in *My Little Cowboy*), the taunting (and haunting) memories seemed to subside.

The story is autobiographical in that Roger, the author, claims to be the re-incarnation of Alexander. In 2005 Roger set out to collect all of his notes and recollections to create My Little Cowboy. It took seven years for Roger to discover all of the connections between that story and his emotionally complicated present life.

My Little Cowboy is a genuinely captivating story that holds the reader's attention to the very end. An exceptional story, *My Little Cowboy* is highly recommended by award-winning author and Allbooks reviewer, Emily-Jane Hills Orford, Allbooks Reviews, www.allbooksreviewint.com.

About the Author

Roger Mendoza lives in the outskirts of his birth town of San Antonio Texas. Retired now, he worked as a Software Engineer in the aerospace industry for thirty-six years. Roger has always had an interest in understanding the philosophy of life - why people act the way they do and how we all fit into the grander scheme of life itself. He has a fascination for unusual phenomena – the most being the drama of life itself. It still amazes him why so much drama fills the life of his friends and family. Perhaps the drama itself sparks the imagination and brings his characters to life.

Published by *ROMEN* GRAPHICS (www.mylittlecowboy.com) \$14.95 for Paperback (ISBN: 978-1-938962-20-2); \$2.99 for Kindle.

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